

Memorial March Support for Indigenous Kin

As Indigenous peoples, we hear a lot of discourse about our resiliency and strength. We are resilient. We are strong. And, we are also human beings. It is ok if we don't always feel strong and need support and love around us in these times. Knowing how to ask for and accept help/support are some of the strongest things you could ever do. Indigenous colleagues from CTLT (Indigenous Initiatives), SVPRO and Strategic Indigenous Enrolment Initiatives came together to create a resource for our Indigenous kin on campus to support you in whatever ways you feel like honouring this day. The schedule of events on campus and for the Women's Memorial March are listed at the bottom of this document. The rest of it is filled with links to Indigenous joy, excellence, love and support. Whether you choose to feel the power of community coming together at the march, or you are at home exploring the links below, or you're keeping busy with work, we stand in solidarity with you and honour whatever feels good to you on this day.



WHERE TO GO FOR SUPPORT

Connect with Lauren Casey, SVPRO (<https://svpro.ubc.ca/team/#lauren>)

If you, or someone you know, has been impacted by MMIWG2S or any form of sexualized violence (assault, harassment, harm, etc.), you can access support and resources as a member of the UBC community at SVPRO. Our Indigenous Support Specialist, Lauren Casey, is available to support you with academics, safety planning, emergency funding/housing, referrals to counseling and more. Additionally, Lauren can connect you with community resources in Vancouver and/or your community. SVPRO is an intersectional, decolonial, inclusive space. All genders and sexualities are welcome. Connecting with SVPRO is not making a report to the university - all services are confidential. If that is something you would like to explore, we can support you in doing so.

604.822.1588 | lauren.casey@ubc.ca | svpro.vancouver@ubc.ca

SVPRO Identity-Specific Resources - <https://svpro.ubc.ca/support/identity-specific-resources/>

OTHER WAYS TO SUPPORT

Schedule of events for UBC
Indigenous staff, students & faculty

February 14th - @ UBC
9:00 to 11:00 am - Gathering at the Longhouse before the March for Smudging and Drumming
11:00 am - Free Transportation to the March, Register at <https://tinyurl.com/yckupkwf>
12:00 to 4:00 pm - Wellness Programming at the Longhouse in the Afternoon for Those Not Attending the March
4:00 pm - Transportation will Depart UBC Learning Exchange to Return to Campus
*If you are making your own way to the March and want to meet up, we will gather between 11 am and 12 pm at the UBC Learning Exchange (612 Main Street) for free coffee and snacks before walking to the March together!

Volunteer in Community

Helping Spirits Lodge
Helping Spirit Lodge Society (HSLS) is a not for profit organization founded as a result of the community discussions and decisions made during community forums through 1990. The United Native Nations originally sponsored the first project and opened office for the society on February 1, 1990. The organization is dedicated to provide wrap-around services to Women and Children fleeing violence.

UNYA
Urban Native Youth Association is the centre of Indigenous youth excellence, supporting youth on their journeys by amplifying and celebrating their voices. Our Vision: Empowered Indigenous youth leading and inspiring all Nations.

SELF CARE & INDIGENOUS JOY

- <https://teaandbannock.com> - a collective blog by Indigenous women photographers
- <https://www.edziiumusic.com/home> - Edzi'u, Two-spirit Indigenous Music Artist
- <https://www.youtube.com/watch?v=iH-OB12uE3I> - Nenookaasi, a Two-spirit Drummer and Music Artist
- <https://www.youtube.com/watch?v=5ei4CQWCP4c> - The Strong Woman Song, Lisa Muswagon & Raven Hart-Bellecourt
- <https://www.youtube.com/watch?v=zuB6JHx1jy0> - "Dechinta Liwe Camp", a film shot and edited by Morgan Tsetta, a vancouver-based Dene videographer. The film explores traditional fishing on Dene land and showcases women and girls as teachers, leaders, and providers within their community.
- <https://www.youtube.com/watch?v=EbJ1xeUla4E> - "Transformation and the Dragonfly Effect", TedX by Mahlikah Awe:ri, an Afro-Indigenous Kanien'kéha and Mi'kmaw activist, poet and Moon Medicine Keeper.
- <https://www.cbc.ca/arts/poet-mahlikah-awe-ri-has-a-suggestion-for-reconciliation-don-t-speak-1.6271702> - Spoken word poetry by Mahlikah Awe:ri that speaks truth and power to colonization.
- <https://www.goodreads.com/en/book/show/52855188-it-was-never-going-to-be-okay> - "it was never going to be okay", a collection of poems and prose by jaye simpson, a Oji-Cree Saulteaux - Sapotaweyak Cree Nation non-binary trans writer.
- <https://youtu.be/JzyKi4JhX6g> A powerful meditation practice to strengthen our ancestral and spiritual connections with our grandmothers - Lead by Jessica Barudin, a Kwakwaka'wakw woman from 'Namgis First Nation. (<https://www.jessicabarudin.com/yoga>)
- <https://www.youtube.com/user/toniajohall/videos> Tonia Jo Hall/Auntie Beatrice: Lakota/Dakota/Hidatsa comedian.